

**Community College of Aurora**  
**Practical Exam Skill Sheet**  
**Spinal Immobilization (Seated Patient)**

Modeled after the National Registry of Emergency Medical Technicians Advanced Level Practical Examination

Student name: \_\_\_\_\_ Date: \_\_\_\_\_

Examiner: \_\_\_\_\_

Signature: \_\_\_\_\_

Time start: _____	Possible Points	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Directs assistant to place/maintain head in the neutral, in-line position	1	
Directs assistant to maintain manual immobilization of the head	1	
Reassesses motor, sensory, and circulation function in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device behind the patient	1	
Secures the device to the patient's torso	1	
Evaluates torso fixation and adjusts as necessary	1	
Evaluates and pads behind the patient's head as necessary	1	
Secures the patient's head to the device	1	
Verbalizes moving the patient to a long backboard	1	
Reassesses motor, sensory, and circulation function in each extremity	1	
Time end: _____ <span style="float: right;">Total</span>	12	
<b>CRITICAL CRITERIA</b>		
Did not immediately direct or take manual immobilization of the head		
Did not properly apply appropriately sized cervical collar before ordering release of manual immobilization		
Released or ordered release of manual immobilization before it was maintained mechanically		
Manipulated or moved patient excessively causing potential spinal compromise		
Head immobilized to the device before device sufficiently secured to torso		
Device moves excessively up, down, left, or right on the patient's torso		
Head immobilization allows for excessive movement		
Torso fixation inhibits chest rise, resulting in respiratory compromise		
Upon completion of immobilization, head is not in a neutral, in-line position		
Did not reassess motor, sensory, and circulation functions in each extremity after voicing immobilization to the long backboard		

*You must factually document your rationale for checking any of the above critical items on the reverse side of this form.*