

# STUDENT RESOURCE GUIDE



Office of Student Intervention & Conduct

Last Update: January 2021

# TABLE OF CONTENTS

CCA (On-Campus) Resources .....	1
COVID-19 Information and Resources: .....	1
Advising: .....	1
CCA Navigate/Guided Pathways .....	1
CCA Counseling: .....	1
Financial Aid & Scholarships: .....	2
Office of Disability & Equity .....	2
Other Resources:.....	2
CCA Single Stop for Community Resources .....	3
Community Resources .....	4
Financial Assistance .....	4
Housing, Emergency Shelter & Homelessness Resources .....	4
Housing Assistance.....	4
Emergency Shelters:.....	4
Homelessness Resources .....	4
Nutrition Assistance Programs.....	5
Food Banks and Pantries.....	5
Transportation .....	5
Domestic Violence, Sexual Assault, Child Abuse.....	6
Low-Cost Healthcare and Healthcare Assistance.....	7
Health Insurance .....	7
Behavioral Health.....	8
Mental Health .....	8
Substance Use .....	8
Immigration.....	9
Legal Services .....	9
LGBTQ Resources .....	10
Cultural Centers .....	10

**Disclaimer:**

*Community College of Aurora endeavors to update resources in a timely manner. Resources herein are updated quarterly. If you notice an out-of-date resource, please call 303.340.7524 or email: [Angie.Tiedeman@CCAurora.edu](mailto:Angie.Tiedeman@CCAurora.edu).*

# CCA (On-Campus) Resources

## **COVID-19 Information and Resources:**

Up-to-date information and resources can be accessed here: <https://www.ccaurora.edu/coronavirus>

## **Academic Learning Center**

The Academic Learning Center provides free tutoring in **Math, Writing, ESL/MLL, Spanish, and Accounting.**

To access tutoring, visit: <https://www.ccaurora.edu/students/academic-learning-center> or <https://www.ccaurora.edu/students/support-services/tutoring-services>

## **Advising:**

### **CCA Navigate/Guided Pathways**

Pathways Advisors collaborate with students to guide and empower them in developing, implementing, and completing academic plans that further their career and life goals. Access advising at: <https://www.ccaurora.edu/getting-started/pathways-advising> or:

#### **Contact Advising**

[Advising@CCAurora.edu](mailto:Advising@CCAurora.edu)

#### **CentreTech Campus** · Administration Building ·

Monday – Thursday 8:00 am - 6:00 pm

Friday 10:00 am-5:00 pm

Contact Us: (303) 360-4929

#### **Lowry Campus** – West Quad ·

Monday – Thursday 8:30 am-5:30 pm

Friday 10:30 am-5:00 pm

Contact Us: (303) 340-7093

**Online Advising:** [CCA Navigate](#)

## **Career Services:**

CCA Career Service can help you identify your strengths, interests and values; then, make sense of this information to create a career goal and set steps to reach it! Regardless of where you are in your career process, Career Services can assist! This includes career exploration, finding experiences, developing resumes and cover letters, preparing for your interviews and quick tips to stand out.

#### **Contact Career Services:**

[CareerServices.CCA@CCAurora.edu](mailto:CareerServices.CCA@CCAurora.edu)

CentreTech Campus, Administration Building, A201, 303-360-4982

<https://www.ccaurora.edu/students/student-career-resources>

## **CCA Counseling:**

The Counseling Office in Student Affairs contracts with licensed counselors who will meet with you, listen and help figure out options to address your individual problems and challenges. CCA Counseling provides referrals to both on-campus and community resources to help you handle what life sends your way.

#### **Contact Counseling Services:**

Counseling Services Appointment Line at (303) 360-4949. Please leave a message and your call will be returned.

You may also send an email to: [counseling@ccaaurora.edu](mailto:counseling@ccaaurora.edu)

Or, access our online referral form here: [Referral Form Link](#).

## Financial Aid & Scholarships:

Visit the Financial Aid Office at:

<https://www.ccaurora.edu/getting-started/welcome-financial-aid>

Or contact 303-360-4709 or [FinancialAid.CCA@CCAurora.edu](mailto:FinancialAid.CCA@CCAurora.edu).

To qualify for most types of aid at Community College of Aurora, complete a [Free Application for Federal Student Aid \(FAFSA\)](#). CCA Federal School Code: 016058

## CCA Institutional and Other Scholarships

A comprehensive list of available scholarships and links to applications can be found here:

<https://www.ccaurora.edu/students/scholarships-grants>.

## Foundation Scholarships

CCA Foundation scholarships are awarded each academic year and offer students the opportunity to earn an associate degree or its equivalent, establish eligibility to transfer to a four-year institution, or certify in a vocation that provides a family-sustaining wage.

Apply at <http://auroragives.org/scholarships-and-awards-2/>

## DREAMers Scholarship

A scholarship is created specifically for undocumented students and open to anyone regardless of citizenship status.

Apply here: <https://ccaurora.academicworks.com/opportunities/148>

## Other Scholarships:

- Latin American Education Foundation Scholarship (LAEF): <https://www.laef.org/scholarship>
- Golden Door Scholars: <https://www.goldendoorscholars.org/>

## Office of Disability & Equity

The Office of Disability and Equity provides accommodations and assistive technology to students with disabilities to afford them an opportunity to reach their highest possible potential in higher education. Let us work with you to determine if you can receive these services to help advance your education.

### Contact:

CentreTech Campus, S-202A

E-mail: [ODE@CCAurora.edu](mailto:ODE@CCAurora.edu)

<https://www.ccaurora.edu/office-disability-and-equity-0>

Phone: 303.340.7548

Fax: 303.340.7551

## Other Resources:

Student Life: <https://www.ccaurora.edu/students/student-life>

Student Support: <https://www.ccaurora.edu/students/support-services/resources-success>

Military & Veterans: <https://www.ccaurora.edu/students/military-veterans>

Transfer Success Office: <https://www.ccaurora.edu/students/transfersuccessoffice>

Library: <https://www.ccaurora.edu/index.php/students/support-services/library>

## CCA Single Stop for Community Resources

Single Stop at CCA connects students and their families to local community and governmental resources such as Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families (TANF). Single Stop is an online screening tool that can estimate in minutes what supplemental resources students might be eligible to receive. Single Stop staff is available to assist students in accessing these resources. If you have any questions or need help getting started, please email [SingleStop@CCAurora.edu](mailto:SingleStop@CCAurora.edu) or call 303-340-7524. Or visit our webpage at: <https://www.ccaurora.edu/SingleStop>

### **4 Simple Steps to Completing a Single Stop Screening**

1. **Online Screen:** [Visit the Single Stop Online Screener for CCA.](#)
2. **Personal Information:** Take 5-10 minutes to fill in your information. It will automatically calculate your eligibility for programs and services.
3. **Resource Eligibility:** Once you submit your online application, you will instantly see what services you may be eligible to receive. You should then apply for those services by selecting apply and completing the Colorado Peak and/or other online applications.
4. **Follow-Up:** A Single Stop Center staff member will follow up to see if you have additional support questions.

# Community Resources

## Financial Assistance

- [Arapahoe](#), [Adams](#), and [Denver](#) County Human Services provide resources for food, financial, medical, housing and childcare: Call 211 or visit <http://www.211.org/>
- **Low Income Energy Assistance Program (LEAP)** is run by the State of Colorado and can be access here: <https://www.colorado.gov/pacific/cdhs/leap> This is a seasonal assistance program available from Nov. 1 - April 30 to help low-income families and individuals with paying their heating bills. Call (303) 636-1170.
- **Colorado Adult Financial Assistance:** <https://www.colorado.gov/pacific/cdhs/adult-financial-programs>
- **Colorado Works** (Temporary Assistance to Need Families): <https://www.colorado.gov/pacific/cdhs/colorado-works-tanf>
- **Financial Assistance for Medical Expenses:** <https://cohealthinitiative.org/need-help/hospital-financial-assistance/>

## Housing, Emergency Shelter & Homelessness Resources

### Housing Assistance

- **Housing Resources:** <https://www.211colorado.org/housing-and-shelter/>
- **Aurora Homelessness:** [homelessness@aurora.gov](mailto:homelessness@aurora.gov)
- **Aurora Home Ownership Assistance Program:** <https://auroragov.org/cms/One.aspx?portalId=16242704&pageId=16565774>
- **Aurora Housing Authority:** <http://www.aurorahousing.org/>
- **Colorado Housing Connects:** <https://coloradohousingconnects.org/>
- **Colorado Housing Search:** <https://www.coloradohousingsearch.com/>
- **Community Housing Partners:** <https://www.ch-partners.org/>
- **Denver Metro Fair Housing Center:** <https://www.dmfhc.org/>
- **Statewide Assistance:** <https://brothersredevelopment.org/>
- **Growing Home:** <https://growinghome.org/strengthening-families/>

### Emergency Shelters:

- **Arapahoe County:** <https://www.arapahoegov.com/1337/Shelters>
- **Denver County:** <https://www.denvergov.org/content/denvergov/en/denver-human-services/be-supported/shelter.html>
- **Families with minor children:** [https://lambuthfamilycenter.salvationarmy.org/lambuth\\_family\\_center/in-need-of-shelter](https://lambuthfamilycenter.salvationarmy.org/lambuth_family_center/in-need-of-shelter)
- **Catholic Charities of Denver:** <https://ccdenver.org/colorado-homeless-shelters/>

### Homelessness Resources

- **Colorado Coalition for the Homeless:** <http://www.coloradocoalition.org/>
- **Aurora Day Resource Center:** <https://comitiscrisiscenter.org/aurora-day-resource-center>
- **Aurora Warms the Night:** <https://www.aurorawarmsthenight.org/>
- **Urban Peak:** Serving youth experiencing homelessness: <http://www.urbanpeak.org/>
- **The Delores Project:** Unaccompanied Women and Transgender experience homelessness: <http://www.thedeloresproject.org/>
- **Catholic Charities of Denver:** <https://ccdenver.org/colorado-homeless-shelters/>
- **Growing Home:** <https://growinghome.org/strengthening-families/>
- **The Family Tree:** <https://www.thefamilytree.org/homelessness>

## Nutrition Assistance Programs

The U.S. Government has several food assistance programs, the most commonly used by individuals are:

- **Supplemental Nutrition Assistance Program (SNAP)**, most commonly referred to as “food stamps” provides nutrition benefits to supplement the food budget for families.
- **Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)** provides nutritional assistance, health care and nutrition education for pregnant and post-partum women and to at-risk infants and children up to age five.

These programs can be accessed in Colorado at:

- SNAP: <https://coloradopeak.secure.force.com/>
- WIC: <https://www.coloradowic.gov/eligibility/apply>

CCA students may also access these benefits through CCA SingleStop at <https://www.ccaurora.edu/SingleStop>

## Food Banks and Pantries

- The Food Bank of the Rockies has a searchable database of all food banks and pantries in the state at: <https://www.foodbankrockies.org/find-food/> or access by phone at their Food Resource Hotline: 855.855.4626.
- Hunger-Free Colorado has a food resource map that can be accessed here: <https://www.cofoodfinder.org/>

## Transportation

- RTD Discount Fares/LIVE program: <https://www.rtd-denver.com/fares-passes/discount-fares>
- For parents of children with disabilities: <https://www.thrivectr.org/transportation-resources-1>

## **Domestic Violence, Sexual Assault, Child Abuse**

**Safehouse Denver** serves survivors of domestic violence and their children through an emergency shelter, a non-residential counseling and advocacy center and an extended stay program.

24-Hour Crisis & Information Line (303) 318-9989

<https://safehouse-denver.org/>

**Gateway** offers counseling, residential care and court advocacy services for domestic violence victims in Arapahoe County, Colorado. Our mission is to prevent and eliminate partner violence and to empower people for social transformation.

Crisis line: 303-343-1851

<https://www.gatewayshelter.org/>

**Family Tree** offers services to keep survivors and children who have experienced domestic violence, sexual assault and/or stalking safe through a crisis line, emergency shelter, safety planning, legal advocacy and supervised parenting time. Call: 303.420.6752 (24-hour line)

<https://www.thefamilytree.org/>

**The Blue Bench** is Denver's 24/7 sexual assault hotline for women and men.

English: 303.322.7273

Spanish: 303.329.0031

<https://thebluebench.org/>

The VISTAS program at **Servicios de la Raza** provides culturally responsive services to English and Spanish-speaking victims of intimate partner violence, sexual assault, stalking, dating violence, and general crime.

24-hour crisis line: 303.953.5930

<https://serviciosdelaraza.org/services/vistas/>

**Project Pave** provides services to survivors of child abuse.

<https://www.projectpave.org/about/>

303.322.2382 | (e) [info@projectpave.org](mailto:info@projectpave.org)

**The Center for Trauma & Resilience** provides culturally and linguistically responsive programs, health promotion and crime prevention education. Services include a 24-hour hotline, referrals, assistance with emergency services, advocacy, crisis counseling and community education.

24-hour crisis: (303) 894-8000 (English) or (303) 718-8289 (Español)

<http://traumahealth.org/>

**Rose Andom Center:** The Rose Andom Center improves the lives of domestic violence victims by facilitating better access to services and staff of community organizations and government agencies in a single, safe location. **This is a referral resource, not a crisis center.**

(720) 337-4400

<http://roseandomcenter.org/>



## Low-Cost Healthcare and Healthcare Assistance

Financial Assistance for Medical Expenses: <https://cohealthinitiative.org/need-help/hospital-financial-assistance/>

### General Healthcare:

- Stride Community Health Center: <https://stridechc.org/>
- Clinica Tepeyac healthcare for uninsured and underinsured: <https://clinatepeyac.org/clinic-services/>
- Clinica Family Health Services: <https://www.clinica.org/>
- **Stout Street Health Center** <https://www.coloradocoalition.org/health-services>

### Specialty Healthcare:

- **For those living with HIV: Colorado Health Network (formerly Colorado AIDS Project)** provides medical, oral and behavioral health services <https://coloradohealthnetwork.org/health-care-services/>
- **Reproductive Health:** Planned Parenthood of the Rocky Mountains <https://www.plannedparenthood.org/planned-parenthood-rocky-mountains>
- **For transgender health** Denver Health's LGBTQ+ Center of Excellence offers open and affirming health care to transgender and gender non-conforming populations at <https://www.denverhealth.org/services/lgbtq-services/transgender-health>

### Dental

- **University of Colorado School of Dental Medicine:** <https://dental.cuanschutz.edu/patient-care>

### Medication

- **Arapahoe County Prescription Discount Card:** <https://www.arapahoegov.com/346/Prescription-Drug-Discount-Card#:~:text=The%20Arapahoe%20County%20Prescription%20Discount,Everyone%20is%20eligible.>

## Health Insurance

- **Health First Colorado** (Medicaid)  
Health First is Colorado's Medicaid program, a public health insurance program for individuals and families who cannot afford private health insurance. Access Health First here: <https://www.healthfirstcolorado.com/>
- **Connect for Health Colorado**  
Connect for Health Colorado is the Colorado Affordable Care Act (Obamacare) Healthcare Marketplace or Exchange. Financial assistance is available. Access here: <https://connectforhealthco.com/>
- **Connect Aurora**  
Connect Aurora is a non-profit organization offering free help with health insurance enrollment including Health First (Medicaid), Child Health Plan Plus (CHP+) and Connect for Health (ACA). Access here: <http://connectaurora.org/>

## Smoking Cessation

**Colorado Quitline** provides tobacco use cessation support including planning and educational materials, coaching, nicotine replacement medications (gum, patches, lozenges), and an online support community

This no cost five-session phone service connects you with a trained coach who will guide and support you through the quitting process.

1-800-784-8669

[coquitline.org](http://coquitline.org)

**Tobacco Free Colorado** provides tips and resources to help tobacco users stop using tobacco.

<https://www.tobaccofreeco.org/quit-tobacco/im-ready-quit/>

The **U.S. Centers for Disease Control and Prevention** provides information and a quit guide for tobacco users here:

[https://www.cdc.gov/tobacco/campaign/tips/quit-smoking/index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Ftobacco%2Fcampaign%2Ftips%2Fquit-smoking%2Fquitting-resources.html](https://www.cdc.gov/tobacco/campaign/tips/quit-smoking/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Ftobacco%2Fcampaign%2Ftips%2Fquit-smoking%2Fquitting-resources.html)

## Behavioral Health

### Mental Health

Counseling is available for students on campus (or remotely). To schedule an appointment, complete the [Online Referral Form](#) or call 303-360-4949.

**Colorado Crisis Services** is a statewide resource for mental health, substance use or emotional crisis help, information and referrals. They are available 24/7/365 at:

<https://coloradocrisisservices.org/>

Voice: 1-844-493-TALK (8255)

Text TALK to 38255.

Colorado Crisis Services also provides walk in locations found here: <https://coloradocrisisservices.org/#map>

**Rocky Mountain Crisis Partners** also has a searchable database of mental health providers that can be searched by location, specialty, payer source (Medicaid, insurance, self-pay, no fee) at:

<https://rmcrisispartners.org/home/services/directory/>

### The Trevor Project

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

866-488-7386

<http://www.thetrevorproject.org/>

### Trans Lifeline

Trans Lifeline dedicated to the wellbeing of transgender people providing a hotline staffed by transgender people for transgender people at 877-565-8860 or <http://www.translifeline.org/>

### Veterans Crisis Line

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Call 1-800-273-8255, press 1, or text 838255.

### Substance Use

A comprehensive searchable database of Colorado treatment and recovery programs and providers can be accessed through the Colorado Office of Behavioral Health here: <https://www.colorado.gov/ladders>

Other resources include:

- Alcoholics Anonymous: <https://daccaa.org/meetings/>
- Al-Anon and Alateen: <https://al-anon-co.org/>
- Narcotics Anonymous: <https://nacolorado.org/>
- U.S. Substance Abuse and Mental Health Services Administration national helpline (English & Spanish): 1-800-662-HELP (4357)
- Self-screening for substance use and mental health disorders: <http://screeningtools.peerassistanceservices.org/>

## Immigration

**Colorado immigrant Rights Coalition (CIRC)** is a statewide, membership-based coalition of immigrant, faith, labor, youth, community, business and ally organizations. <http://coloradoimmigrant.org/>  
Phone: (303) 922-3344

**Catholic Charities of Colorado Immigration Services** immigration assistance including legal services  
<https://ccdenvr.org/immigration-services/>  
303.742.0828

In partnership with the Colorado Hispanic Bar Association, **Mi Casa** hosts a FREE virtual legal clinic on the second Tuesday of each month from 6:00 to 8:00 p.m. Attendees must make an appointment here:  
<https://micasaresourcecenter.org/calendar/>  
303.573.1302

**Rocky Mountain Immigration Advocacy Network** serves low-income adults and children in immigration proceedings  
Phone: 303.433.2812  
Hotline for detained individuals and family members: 303.866.9308  
<https://www.rmian.org/>

### Additional Immigration Resources

- [Know Your Rights](#): The ACLU provides information on your rights if you are stopped by the police.
- The [Administrative Relief Resource Center](#) has a search engine that allows you to get a list of all legal services near you.
- The [American Immigration Lawyers Association](#) has an online directory of attorneys.
- [Educators for Fair Consideration \(E4FC\)](#) has an anonymous Dreamer Intake Service to help Dreamers check whether they are eligible for alternative relief.
- [Immigration Law Help](#) has a searchable online directory of over 1,000 free or low-cost nonprofit immigration legal services providers in all 50 states.
- [The National Immigrant Justice Center](#) allows you to request a legal consultation online or by phone 312.660.1370.
- The [National Immigration Project of the National Lawyers Guild](#) has a state-by-state online find-a-lawyer tool.
- The [United States Department of Justice – Executive Office for Immigration Review](#) provides information on how to find legal representation.
- [United We Dream](#) provides information on how to get help.
- [Immigrant Legal Resource Center](#) Provides updates on legislation and has a DACA essential Legal Guide.
- [Family Preparedness Plan](#) Has a family preparedness Plan available in English, Spanish and Chinese.

### Legal Services

- **Rocky Mountain Victim Law Center:** <https://www.rmvictimlaw.org/>  
*The Rocky Mountain Victim Law Center is a nonprofit law firm that provides free legal services to victims of crime in Colorado*
- **Colorado Legal Services:** <https://www.coloradolegalservices.org/>  
Legal help for low income Coloradoans
- **Metro Volunteer Lawyers:** <https://www.denbar.org/mvl>  
MVL is the pro-bono (free) program of the Denver Bar Association, providing civil legal services to those in need in Adams, Arapahoe, Broomfield, Denver, Douglas, Elbert and Jefferson counties.
- **The Colorado Judicial Branch** has self-help legal forms and instructions for the general public located here  
[https://www.courts.state.co.us/Self\\_Help/Index.cfm](https://www.courts.state.co.us/Self_Help/Index.cfm)
- **Justice and Mercy Legal Aid Center:** <https://jamlac.org/>  
Seeks justice for those struggling with poverty and oppression

## LGBTQ Resources

The Center provides free services, targeted programs and enriching cultural events for the community. They also have a comprehensive searchable resource directory: <https://lgbtqcolorado.org/resources/>  
<https://lgbtqcolorado.org/>  
303.733.7743  
[info@lgbtqcolorado.org](mailto:info@lgbtqcolorado.org)

See other resource for LGBTQ+ in Housing, Health and Mental Health

## Cultural Centers

**Mexican Cultural Center:** Founded in 1992, the Mexican Cultural Center is a non-profit 501 © 3 organization that works in partnership with cultural, educational and other institutions to promote and maintain the richness of Mexican culture in the State of Colorado. The Mexican Cultural Center is dedicated to increasing awareness of Mexico's unique arts, customs, traditions and destinations among the audiences of the United States of America.  
<http://www.mccdenerver.org/mccwp/>

**Latino Cultural Arts Center:** The Mission of the Latino Cultural Arts Center (LCAC) is to strengthen the knowledge of and appreciation for the extensive artistic expressions of Latinos by preserving and highlighting the history and ongoing contributions. <https://www.latinoculturalartscenter-denver.org/>

**Servicios De LaRaza:** our mission to provide and advocate for culturally responsive, essential human services and opportunities to our community. What initially began in an effort to support the under-served Latinx community, has expanded to ALL communities, irrespective of age, race, gender, sexual-orientation, etc., with respect and dignity. 303.458.5851 | [info@serviciosdelaraza.org](mailto:info@serviciosdelaraza.org)

**Brother Jeff's Cultural Center:** founded in 1994 is located in the historic Five Points District in Northeast Denver—a space committed to fostering growth, strength, and voice in the community. <http://www.brotherjeff.com/brother-jeffs-cultural-center>

**African Community Center:** Helping refugees rebuild safe, sustainable lives in Denver. <http://www.acc-den.org/>

**Denver Indian Center:** The Denver Indian Center Inc. (DICI) is an urban cultural gathering center for the American Indian/ Alaska Native community. <https://www.denverindiancenter.org/about-us>

**Joyous Chinese Cultural Center:** The Joyous Chinese Cultural Center (JCCC) exists to provide cultural and emotional support to adopted Chinese children and to offer Chinese cultural and language education to children and adults of all backgrounds in our communities and across the country. <http://www.joyouscenter.org/>

**The Mongolian Culture and Heritage Center of Colorado:** committed to the preservation, cultivation, and advancement of the rich Mongolian culture and heritage. <http://www.mcahcc.org/>

**The Filipino-American Community of Colorado:** Creating a sense of family and tradition through Filipino-American Culture that transcends difference. <http://www.coloradofilipinos.org/>

**Asian Pacific Cultural Center:** Asia Pacific Cultural Center (APCC) serves as an interactive cultural crossroads between local and international communities. <https://www.asiapacificculturalcenter.org/>

**Mizel Arts and Culture Center:** The Mizel Arts and Culture Center illuminates the human experience through creative and cultural programs in the performing, visual, cinematic and literary arts for the Jewish community and the Denver community at large. We strive to produce, present, exhibit, preserve, and advance the arts, serving as a performance and exhibition venue, as well as an educational resource for people at every stage of life. <https://www.maccjcc.org/>

**Anti-Defamation League:** [www.denver.adl.org](http://www.denver.adl.org)

**Village Exchange Center:** Serves immigrants and refugees in Aurora/Denver. 720-668-9968,  
[www.villageexchangecenter.org](http://www.villageexchangecenter.org)