

WHEN TO REFER A STUDENT

Warning Signals

- Behavioral or emotional change; doesn't seem like the person you know
- Excessive crying, withdrawing from other people
- Losing interest in hobbies and activities that were previously pleasurable
- Change in sleeping and eating patterns
- Not attending class, not sleeping or sleeping too much
- Change in hygiene or appearance, not taking care of oneself
- Decline in academic performance
- Alcohol or drug abuse, especially a sudden or dramatic increase in use
- Anxiety, panic, or fear
- Excessive or inappropriate anger
- Others feel uncomfortable or worried about them
- Bizarre thoughts or behavior, e.g., out of touch with reality
- Overwhelming sense of apathy, indifferent to life
- Trouble concentrating or following through with plans
- Very low energy, feeling worthless and/or hopeless
- Wanting to harm self or others

Refer a student at: www.ccaurora.edu/care-report

16000 E. CentreTech Pkwy
Aurora, CO 80011
303-340-7524

Angela.Tiedeman@CCAurora.edu

